



Kent and Medway

NHS and Social Care Partnership Trust

Information Governance & Records Management Department

St Michaels House

St Michaels Road

Sittingbourne

Kent

ME10 3DW

Tel: 01795 514525

Email: kmpt.inforaccess@nhs.net

Website: www.kmpt.nhs.uk

Dear [REDACTED]

Request for Information

I write further to your request FOI ID 41530 under the Freedom of Information Act 2000 regarding: -

Personality Disorders

Your request is set out below:

Please provide the following information in full for the years 2019, 2020, 2021, 2022, 2023.

(Please note that I use the term 'borderline personality disorder' but would also like stats for 'emotionally unstable personality disorder' if that is the diagnostic term that your trust uses.)

1. Please provide your trust policy for borderline personality disorder diagnosis and treatment.
The Trust do not have individual policies for individual diagnosis.
2. How much funding is received for the care of borderline personality disorder and how is this money spent?

Diagnosis is not a field within KMPT's costed patient level data, therefore we cannot extract the costs of inpatients with a borderline personality disorder diagnosis from other inpatients within our data without a manual trawl which would exceed the appropriate time limits, as per the Freedom of Information Act 2000 section 12(1) which does not oblige a public authority to comply with a request for information if the authority estimates that the cost of complying with the request would exceed the appropriate limit. Borderline personality disorder patients could also be within services outside of the specifically funded service again extraction of this data would require a manual trawl which would exceed the appropriate time limits, as per the Freedom of Information Act 2000 section 12(1) which does not oblige a public authority to comply with a request for information if the authority estimates that the cost of complying with the request would exceed the appropriate limit.

3. How many adult patients are there within the trust with a diagnosis of borderline personality disorder?

We are proud to be smoke free

Trust Chair – Dr Jackie Craissati
Chief Executive – Sheila Stenson

DiagnosisYear	ICD10_SubCode	ICD10_SubDescription	Total
2019	F603	Emotionally unstable personality disorder	296
2020	F603	Emotionally unstable personality disorder	406
2021	F603	Emotionally unstable personality disorder	273
2022	F603	Emotionally unstable personality disorder	192
2023	F603	Emotionally unstable personality disorder	201

4. What specialist treatments or therapeutic interventions do the trust facilitate for all patients diagnosed with borderline personality disorder?

There are a number of specialist treatments/therapeutic interventions available for consideration (dependant on locality, staff training and experience) -

- **MBT programme (group and individual work)**
- **Therapeutic communities**
- **Individual psychotherapy (CBT; psychodynamic; CAT)**
- **CED (Complex emotional difficulties) Crisis groups**
- **STEPPS**
- **CED change programme**
- **Urgent support via duty/safe havens/Support & Signposting/ Liaison psychiatry/ Rapid Response/Home treatment**
- **Care coordination – e.g. whenever several agencies are involved such as Drug & alcohol services, safeguarding teams, social services etc.**

5. How much does it cost the trust per year to provide medication to adults diagnosed with borderline personality disorder?

There are no specific drugs to treat EUPD/BPD. Patients often have co-morbid conditions e.g. depression, anxiety or psychotic symptoms and this is where medication maybe used. It is therefore not possible to provide the information you have requested.

6. How many patients/service users with borderline personality disorder require in-patient care?

Year	Admissions
2019	32
2020	20
2021	13
2022	Fewer than 5
2023	18

7. How much does it cost the trust to facilitate this in-patient care?

Diagnosis is not a field within KMPT's costed patient level data, therefore we cannot extract the costs of inpatients with a borderline personality disorder diagnosis from other inpatients within our data without a manual trawl which would exceed the appropriate time limits, as per the Freedom of Information Act 2000 section 12(1) which does not oblige a public authority to comply with a request for information if the authority estimates that the cost of complying with the request would exceed the appropriate limit. Borderline personality disorder patients could also be within services outside of the specifically funded service again extraction of this data would require a manual trawl which would exceed the appropriate time limits, as per the Freedom of Information Act 2000 section 12(1) which does not oblige a public authority to comply with a

request for information if the authority estimates that the cost of complying with the request would exceed the appropriate limit.

8. Does the trust provide dialectical behaviour therapy? If so, please provide the numbers of patients/service users who have used this service. If not, is there a plan to implement this treatment?

Dialectical behaviour therapy does not form part of the standard care pathway however, some individual clinicians may well be trained. The preferred treatment model which, is being expanded, in KMPT is mentalisation based therapy.

9. How many suicides of patients with borderline personality disorder have there been each year?

The information requested is not routinely collected outside normal record keeping of a patient/incident record. In order to extract the requested information and collate the results it would require a manual exercise to identify and review all reported patient suicides and this would exceed the appropriate time limits, as per the Freedom of Information Act 2000 section 12(1) which does not oblige a public authority to comply with a request for information if the authority estimates that the cost of complying with the request would exceed the appropriate limit.

10. How many complaints have been lodged in relation to borderline personality disorder treatment?

The information requested is not routinely collected outside normal record keeping of a complaint record. In order to extract the requested information and collate the results it would require a manual exercise to identify and review all complaint records and this would exceed the appropriate time limits, as per the Freedom of Information Act 2000 section 12(1) which does not oblige a public authority to comply with a request for information if the authority estimates that the cost of complying with the request would exceed the appropriate limit.

I confirm that the information above completes your request under the Freedom of Information Act 2000. I am also pleased to confirm that no charge will be made for this request.

If you have any questions or concerns or are unhappy with the response provided or the service you have received you can write to the Head of Information Governance at the address on top of this letter. If you are not content with the outcome of your complaint, you may apply directly to the Information Commissioner for a decision.

Yours Sincerely

On Behalf of
The Information Governance Department