



Kent and Medway
NHS and Social Care Partnership Trust

Information Governance & Records Management Department

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Sent via email

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Dear [REDACTED]

Request for Information

I write further to your request FOI ID 51321 under the Freedom of Information Act 2000 regarding: -

Maternal healthcare

Your request is set out below:

As discussed via telephone we are only providing responses to questions 12 and 13 as all other questions are not applicable to our trust as a mental health organisation.

12. How many people have received treatment as part of any MMHS (Maternal Mental Health Service) in the past year?

The number of patients with an open referral to Maternal Mental Health Service (locally known as THRIVE) at any time between 1st July 2024 and 30th June 2025, who also went on to have 2 or more valid contacts (i.e. started treatment) is 239.

13. How many people are on the waiting list to receive treatment from the MMHS right now?

The number of patients with a currently open referral to Maternal Mental Health Service (THRIVE) (as of today 29th July 2025) and who have had at least one valid contact (i.e. have been assessed) and are now awaiting treatment is 20.

13a. And how long is the average waiting time for treatment?

**The average waiting time for patients from assessment to treatment is 35 days.
The average waiting time for patients from referral to treatment is 61 days.**

Also, please be advised that at the assessment appointment, the following is discussed and agreed with the patient whilst they await therapy;

- **Named/allocated contact (one of the qualified assessing clinicians)**
- **Frequency of contact with the allocated clinician (minimum 4 weekly)**
- **If appropriate, psychoeducational session with therapist for individual or family**
- **If appropriate, midwifery input**
- **Attendance at perinatal trauma/perinatal loss workshop**
- **Available support services**

We are proud to be smoke free

Trust Chair – Dr Jackie Craissati
Chief Executive – Sheila Stenson

I confirm that the information above completes your request under the Freedom of Information Act 2000. I am also pleased to confirm that no charge will be made for this request.

If you have any questions or concerns or are unhappy with the response provided or the service you have received you can write to the Head of Information Governance at the address on top of this letter. If you are not content with the outcome of your complaint, you may apply directly to the Information Commissioner for a decision.

Yours Sincerely

On Behalf of
The Information Governance Department