

OCCUPATIONAL THERAPY PATIENT REPORTED EXPERIENCE MEASURE 2025

DURING THE WEEK OF THE 8TH DECEMBER 2025 OCCUPATIONAL THERAPY STAFF ACROSS THE TRUST ASKED ALL PATIENTS THAT THEY HAD CONTACT WITH TO COMPLETE A PROFESSION SPECIFIC EXPERIENCE MEASURE.

THIS ASKED PATIENTS ABOUT THEIR UNDERSTANDING OF THE PROFESSION, THEIR VIEWS OF THE PROFESSION'S ROLE IN THEIR CARE AND RECOVERY, THE IMPACT OF THIS PROFESSION'S INTERVENTIONS, WHAT THEY VALUED ABOUT THE PROFESSION AND THEIR RECOMMENDATIONS FOR THE PROFESSION FOR THE FUTURE.



92 RESPONSES WERE RECEIVED

91% of respondents understood what Occupational Therapy was - showing an increase in understanding since the 2024 AHP PREM.

86% of respondents understood how Occupational Therapy could help to improve their recovery and wellbeing.

IMPACT OF OCCUPATIONAL THERAPY

85% of respondents felt that Occupational Therapy had improved the quality of their day to day life.

87% respondents rated their experience of the Occupational Therapy service as either "very good" or "good".

WHAT WAS VALUED:

Kindness, helpfulness, caring and compassion.

Recovery focused.

Responsiveness.

The focus on challenges and supporting people towards solutions and goals with support.

WHAT COULD BE IMPROVED:

Be clearer about the range of ways in which Occupational Therapy can support treatment and recovery.

The majority of responses indicated that there is nothing that Occupational Therapy can do to improve on what they're currently doing.

HOW OCCUPATIONAL THERAPY HELPED

Gave confidence. Helped people move forwards. Improved day to day life. Supported goal setting. Addressed daily living situations, feelings and tasks. Equipped people with the skills to manage every day life. Was invaluable to recovery. Made people feel less alone. Helped people face their fears. Helped develop tools and strategies for coping. Improved people's life skills.

"I have benefitted from the whole experience of occupational therapy"

"This is a brilliant, much needed service that could do with more funding."

"Thank you for teaching me the tools to survive"

"Thank you for always going beyond what is possible"