

For the last full year 2022-2023:

1 - Number of mums referred to specialist perinatal mental health services

Timeperiod	Team	Number of Referrals
1st April 2022 - 31st March 2023	Perinatal MH Community Service	2427
1st April 2022 - 31st March 2023	Thrive – Support for Birth Trauma & Loss	142

2 - Number of referrals rejected by specialist perinatal mental health services

Timeperiod	Team	Number of Rejected Referrals
1st April 2022 - 31st March 2023	Perinatal MH Community Service	384
1st April 2022 - 31st March 2023	Thrive – Support for Birth Trauma & Loss	28

3 - Reasons for rejection (if available)

Does not meet eligibility criteria of service

4 - Number of re-referrals of mums who have had an initial referral rejected

Timeperiod	Team	Number of Referrals
1st April 2022 - 31st March 2023	Perinatal MH Community Service	239
1st April 2022 - 31st March 2023	Thrive – Support for Birth Trauma & Loss	9
The service recommends that should a persons needs change then to re-refer. The service always writes a detailed letter advising the referer the reason for referral rejection and sign posts appropriately.		

5 - Number of re-referrals of mums who have been previously been discharged from specialist

Timeperiod	Team	Number of Referrals
1st April 2022 - 31st March 2023	Perinatal MH Community Service	766
1st April 2022 - 31st March 2023	Thrive – Support for Birth Trauma & Loss	49
Re- referral post treatment and discharge - This would be due to many women going on to have a second pregnancy. Our specialist service advises patients on discharge that they are referred back into the service at an early stage of pregnancy so that we can offer appropriate support again.		

6 - Number of dads who access a specialist assessment as part of a perinatal mental health service

KMPTs Specialist Perinatal Mental Health Community Service does not provide an assessment for Dads. It does however provide an on-line link for Dads to access a well-being self-assessment questionnaire and signposting