



Kent and Medway
NHS and Social Care Partnership Trust

Information Governance & Records Management Department

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Sent via email

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Dear [REDACTED]

Request for Information

I write further to your request FOI ID 50168 under the Freedom of Information Act 2000 regarding: -

Compulsive Buying Disorder – CBD

Your request is set out below:

This query relates to shopping addiction, which is also known as Compulsive Buying Disorder (CBD) or Oniomania. Could the information please be provided in financial years. I've heard from an NHS Trust who shared some information that I just wanted to pass on in case it's helpful: We use ICD 10 codes for diagnosis, and we identified the codes F63.8 -Other habit and impulse disorders and F63.9 - impulse disorder, unspecified that CBD fits into.

1. How many people have been identified as possibly having the condition (Compulsive Buying Disorder - CBD) during the following periods: 2020/21 2021/22 2022/23 2023/24 2024/25 2025-to date

ICD10 Codes are not routinely recorded within the 'diagnosis' section on our clinical records for community-based patients, this data is only routinely collected in respect of an inpatient stays. Therefore, the requested information is not held centrally and is contained within the individual clinical documentation which cannot be extracted as a stand-alone piece of data, reporting against diagnosis will in most cases provide an incomplete and therefore inaccurate reflection of the potential prevalence. In order to extract the requested information and collate the results would require a manual exercise to identify and review clinical records and would exceed the appropriate time limits, as per the Freedom of Information Act 2000 section 12(1) which does not oblige a public authority to comply with a request for information if the authority estimates that the cost of complying with the request would exceed the appropriate limit

2. What is the age and gender of those mentioned in question 1?

N/A

3. If someone presented to the NHS with this condition, what support or treatment options are available?

We are proud to be smoke free

Trust Chair – Dr Jackie Craissati
Chief Executive – Sheila Stenson

KMPT do not have a specific treatment for CBD however we would support under our existing clinical pathways dependant on the needs and motivation of the individual.

4. How many people have been identified as having Compulsive Buying Disorder (CBD) alongside another mental health diagnosis? E.g OCD or ADHD.

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5. What is the age and gender of those mentioned in question 4?

N/A

6. How many people have been identified as having a behavioural addiction e.g gambling, porn or gaming, during the following periods: 2020/21 2021/22 2022/23 2023/24 2024/25 2025-to date

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7. What is the age and gender of those identified in question 6?

N/A

8. How many people have been identified as having a behavioural addiction which are partly (or wholly) linked to screen usage e.g gambling, porn or gaming, during the following periods: 2020/21 2021/22 2022/23 2023/24 2024/25 2025-to date

ICD10 Codes are not routinely recorded within the 'diagnosis' section on our clinical records for community-based patients, this data is only routinely collected in respect of an inpatient stays. Therefore, the requested information is not held centrally and is contained within the individual clinical documentation which cannot be extracted as a stand-alone piece of data, reporting against diagnosis will in most cases provide and incomplete and therefore inaccurate reflection of the potential prevalence. In order to extract the requested information and collate the results would require a manual exercise to identify and review clinical records and would exceed the appropriate time limits, as per the Freedom of Information Act 2000 section 12(1) which does not oblige a public

authority to comply with a request for information if the authority estimates that the cost of complying with the request would exceed the appropriate limit

9. What is the age and gender of those identified in question 8?

N/A

I confirm that the information above completes your request under the Freedom of Information Act 2000. I am also pleased to confirm that no charge will be made for this request.

If you have any questions or concerns or are unhappy with the response provided or the service you have received you can write to the Head of Information Governance at the address on top of this letter. If you are not content with the outcome of your complaint, you may apply directly to the Information Commissioner for a decision.

Yours Sincerely

On Behalf of
The Information Governance Department