



Kent and Medway
NHS and Social Care Partnership Trust

Information Governance & Records Management Department

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Sent via email

Dear [REDACTED]

Request for Information

I write further to your request FOI ID 43111 under the Freedom of Information Act 2000 regarding: -

Long Covid

Your request is set out below:

1. Do you have a specialist service for long Covid patients within your trust? Please name the clinic/service
2. How many patients in your local NHS area have been referred to the clinic/service to date? Please break down by year to date ie 12 months to this date in 2024 and then each of the previous 12 months back to the start of the service
3. Is the service physician-led?
4. Please provide figures for how many patients referred to the clinic/service received the following type of treatment in-house:
 1. physical rehabilitation – please give details
 2. Graded exercise therapy
 3. CBT or other psychological intervention – please state whether this is to cope with symptoms or with a view to improving/treating them
 4. Advice on pacing
 5. A brain retraining or Neuro Linguistic Programming-based course such as the Lightning Process, Gupta Programme or Nuffield programme (please specify which)
 6. drug treatment
 7. other, please specify
8. Does the service have the ability to prescribe medications to long Covid patients for symptoms where appropriate?
9. If so, please list the 3 most common drugs prescribed for long Covid patients by the clinic, with numbers of prescriptions if possible
10. Does the service have the ability to order diagnostic tests and scans?
11. If so please list the 3 most commonly ordered tests/scans/diagnostic questionnaires for long Covid patients by the clinic

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Trust Chair – Dr Jackie Craissati
Chief Executive – Sheila Stenson

12. If not provided in-house, which of the following types of services does the clinic/service refer patients onto or recommend?

1. physical rehabilitation – please give details
2. Graded exercise therapy
3. CBT or other psychological intervention – please state whether this is to cope with symptoms or with a view to improving/treating them
4. Advice on pacing
5. A brain retraining or Neuro Linguistic Programming-based course such as the Lightning Process, Gupta Programme or Nuffield programme (please specify which)
6. drug treatment
7. other, please specify

13. How many staff do you have working in the service FTE (full time equivalent) broken down by job title of:

a) doctor

b) nurse

c) physiotherapist

d) occupational therapist

e) clinical psychologist/ CBT practitioner / psychotherapist/counsellor

f) other, please specify

14. For any doctors employed, please specify their specialism eg GP, cardiologist, neurologist, psychiatrist

15. Is the clinic expected to continue running after 2025?

I can confirm that the Kent and Medway NHS and Social Care Partnership Trust do not have any specialist services for patients with long Covid. This would likely be provided by the Acute Hospital Trust's in the Kent and Medway area.

I confirm that the information above completes your request under the Freedom of Information Act 2000. I am also pleased to confirm that no charge will be made for this request.

If you have any questions or concerns or are unhappy with the response provided or the service you have received you can write to the Head of Information Governance at the address on top of this letter. If you are not content with the outcome of your complaint, you may apply directly to the Information Commissioner for a decision.

Yours Sincerely

On Behalf of
The Information Governance Department